



CLIENT HEALTH INTAKE FORM:

Name _____ Today's Date _____

Address _____ Date of Birth _____

_____ Occupation _____

Phone Daytime _____ Cell _____

Email _____ Is it okay to contact you via email? _____

In case of emergency contact _____ phone _____

Primary Healthcare Professional:

Name _____ phone _____

Other Therapies you are currently involved:

____ Acupuncture/Acupressure ____ Chiropractic ____ Emotional ____ Herbalist ____ Nutrition
____ Physical Therapy ____ M.D./D.O. ____ Naturopathy ____ Other explain _____

Medications you are currently taking and for what:

1. _____ 2. _____
3. _____ 4. _____

Current Conditions:

____ Allergies - see below	____ Contacts	____ High/Low Bld pressure
____ Arthritis	____ Diabetes	____ Numbness/pain
____ Blood Clots	____ Dentures	____ Pregnant: Mos _____
____ Bruises	____ Depression	____ Osteoporosis
____ Bursitis	____ Epilepsy/seizures	____ Sprains/Strains
____ Cancer/Tumors	____ Fatigue	____ Sleep Difficulty
____ Clenching teeth	____ Fibromyalgia	____ Varicose veins

Do you suffer from Chronic Headaches? _____ Chronic Backaches? _____

List any contagious diseases / allergies / skin problems: _____

Broken bones, surgery, whiplash or traumas: _____

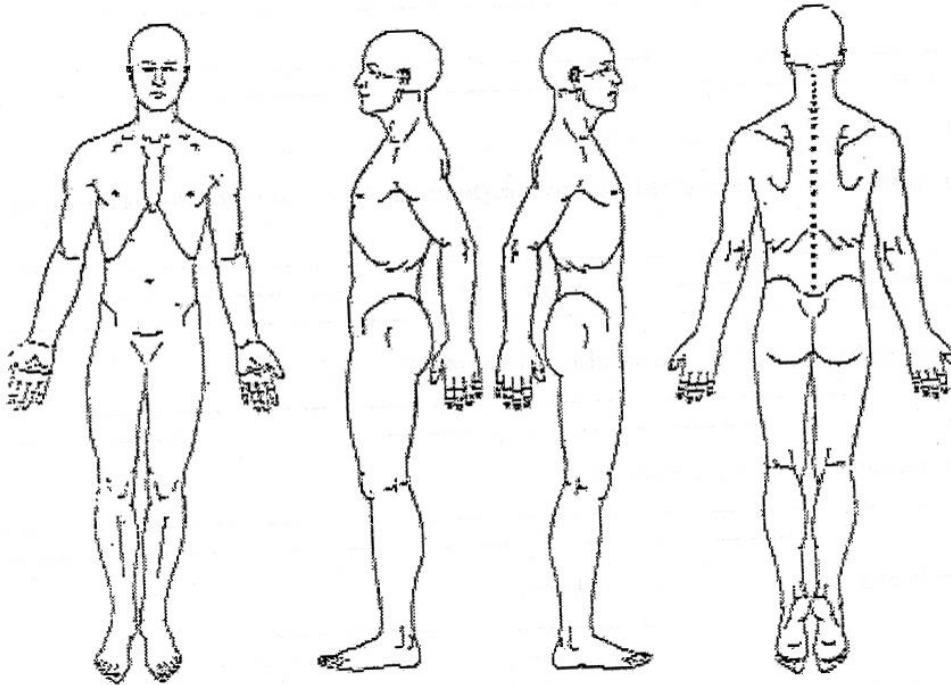


Exercise Habits: _____

Have you ever had a massage? ____ Yes ____ No. If yes, how long ago? _____

Reason for getting a massage today: _____

Below, please circle areas that correspond to the places where you hold stress and/or tension and where you may be currently experiencing pain:



Please add anything else that your therapist should know before starting your massage:

Pressure Preference: Light / Medium / Firm

Sensitivity to Product: Y / N

Heat Ok? Y / N

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