



CLIENT HEALTH INTAKE FORM:

Name _____ Today's Date _____

Address _____ Date of Birth _____

_____ Occupation _____

Phone Daytime _____ Cell _____

Email _____ Is it okay to contact you via email? _____

In case of emergency contact _____ phone _____

Primary Healthcare Professional:

Name _____ phone _____

Other Therapies you are currently involved:

____ Acupuncture/Acupressure ____ Chiropractic ____ Emotional ____ Herbalist ____ Nutrition
____ Physical Therapy ____ M.D./D.O. ____ Naturopathy ____ Other explain _____

Medications you are currently taking and for what:

1. _____ 2. _____
3. _____ 4. _____

Current Conditions:

- | | | |
|----------------------------|------------------------|----------------------------|
| ____ Allergies - see below | ____ Contacts | ____ High/Low Bld pressure |
| ____ Arthritis | ____ Diabetes | ____ Numbness/pain |
| ____ Blood Clots | ____ Dentures | ____ Pregnant: Mos _____ |
| ____ Bruises | ____ Depression | ____ Osteoporosis |
| ____ Bursitis | ____ Epilepsy/seizures | ____ Sprains/Strains |
| ____ Cancer/Tumors | ____ Fatigue | ____ Sleep Difficulty |
| ____ Clenching teeth | ____ Fibromyalgia | ____ Varicose veins |

Do you suffer from Chronic Headaches? _____ Chronic Backaches _____

List any contagious diseases / skin problems: _____

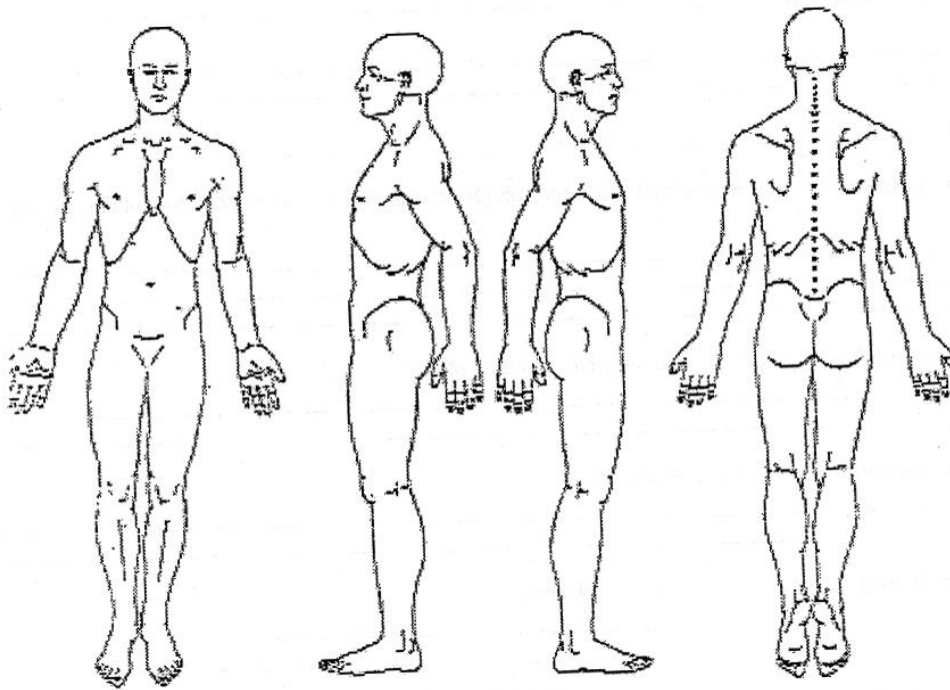
Broken bones, surgery, whiplash or traumas: _____

Exercise Habits: _____

Have you ever had a massage? ____Yes ____No If yes, how long ago? _____

Reason for getting a massage today: _____

Below, please circle areas that correspond to the places where you hold stress and/or tension and where you may be currently experiencing pain:



Please add anything else that your therapist should know before starting your massage:

Pressure Preference: Light / Medium / Firm

Sensitivity to Product: Y / N

Heat Ok? Y / N